



Human Kinetics Library 利用ガイド

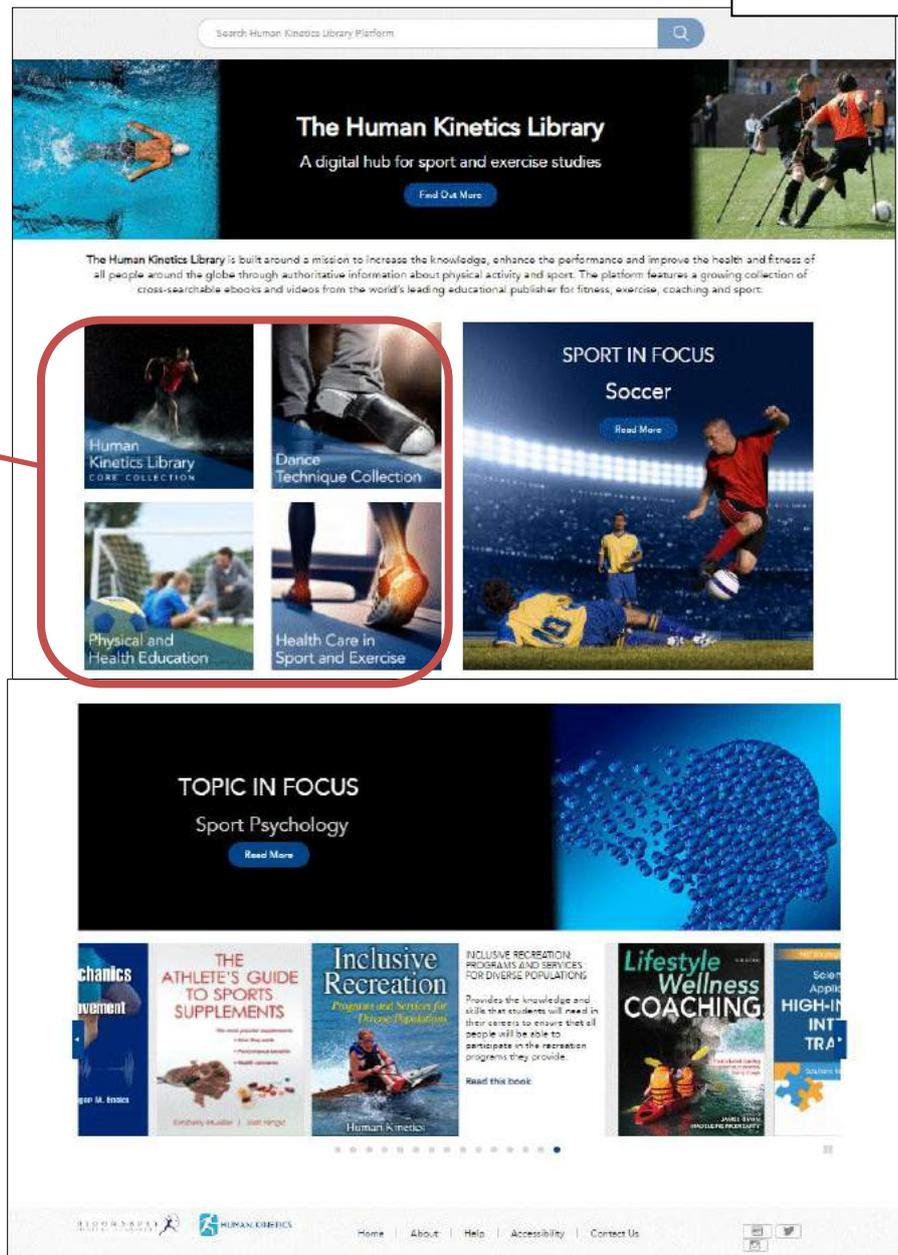
<https://www.humankineticslibrary.com/home>

【データベース概要】 Human Kinetics Library は、身体活動とスポーツに関する情報、知識、パフォーマンス向上のためのデジタル・データベースです。全世界のあらゆる人々の健康と身体を向上させるという使命のもとに、信頼に足る関連資料を精選しています。

トップページ
Home 画面

下記の4つのコレクションから成る、身体活動、運動、運動生理学等の研究分野の包括的データベースです。

- Human Kinetics Library core collection
- Human Kinetics Dance Technique
- Human Kinetics Physical and Health Education
- Human Kinetics Health Care in Sport and Exercise



* Human Kinetics Sports Skills は2023年以降リリース予定

Human Kinetics :

1973年にキネシオロジー（運動生理学）の研究者であった Dr. Rainer Martens と、その妻 Marilyn がアメリカのイリノイ州で設立した出版社。40年以上にわたり、アカデミック、専門家、雑誌分野において、身体活動とスポーツに関する信頼のおける情報を提供。世界中のあらゆる人々の健康に寄与することをミッションとしている。

【利用方法】

本データベースの主な機能は、画面上部のツールバーからご覧いただけます。



①ホーム画面 Home ここをクリックすると Home 画面に戻ります。

②資料の選択 Explore By

スポーツ／活動、主題から資料を選択
できます。



③コレクション別閲覧ページ Browse Collections

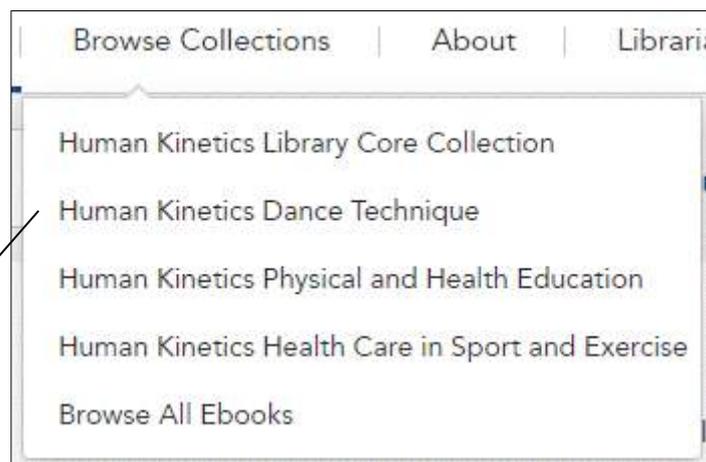
コレクション別のページからの閲覧も可能です。



A dynamic collection of leading dance material.

Featuring more than 500 videos and 800 audio clips alongside ebooks and images, Human Kinetics Dance Technique is a dynamic collection that presents instruction-focused material and fills in the gaps of dance in digital learning. Recently updated with over 20 additional ebooks, alongside more than 30 videos and 60 audio clips, the carefully curated content supports students developing their dance technique and provides instructors with valuable tools that can be implemented within their curriculum.

A rich teaching and learning resource within the Human Kinetics Library family that is digitally exclusive on an unlimited access basis, Human Kinetics Dance Technique combines Bloomsbury's digital excellence with Human Kinetics' market-leading dance content.



④内容紹介 About

本データベースの概要や収録資料について紹介しています。

FEATURED CONTENT

Topic in Focus: Sport Psychology

This Topic in Focus gathers together material from across the Human Kinetics Library platform on the subject of psychology in sport and exercise. From advanced studies of sports medicine psychology and methods of measuring anxiety in sport, to an exploration of cultural sport psychology and the importance of psychological development in athletes, this rich collection offers a vast array of insights into the role of the mind in sport.



Sports Medicine Psychology

Athletes, exercisers, dancers, and other physically active people face the risk of sport injuries with every movement. The actual occurrence of such injuries (or even the anticipation of them) can result in significant effects on the physical and psychosocial well-being of participants within these contexts. The field of study labeled as sports medicine psychology encompasses the various roles that psychology plays within sports medicine contexts. Among these, it incorporates theory, research, and professional practice concerning the psychological, behavioral, and social aspects of injury prevention and rehabilitation among physically active participants, as well as the psychological roles and influences of those who coach, train, and care for them as part of their multidisciplinary sports medicine teams. This chapter from *Advances in Sport and Exercise Psychology* provides a detailed and expertly explained overview of the theory, research, and professional practice surrounding the psychological aspects of sport injuries, using this review to identify gaps in the knowledge which to draw implications for future research in sports medicine psychology.



Psyched Out

Of all the psychological factors thought to influence sport performance, anxiety is the most important. Sport psychologists have produced scores of articles, manu-

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About Human Kinetics Library

Editorial Advisory Board

Featured Content

Reviews

About Human Kinetics

トップページ/Home 画面で取り上げられている特集と同じ内容です。



Women in Soccer Media

With the surging popularity of women's soccer worldwide, the presence of women in the media relating to the sport has equally grown. But the history of the role of women working within the sports media industry is a long and complex one, raising issues of inequality and mistreatment in comparison to their male counterparts. As long as sports have been covered in the mass media, through magazine, radio, newspapers, television, or digital platforms, women have been helping to produce that coverage. In this chapter, learn more about the role of women in sports media in a historical context, the issues that affect women's status in the sports media industry, and the connection between the status of female media professionals and female athletes in media depictions.

⑤図書館向けの情報 Librarians

図書館や司書向けの情報を載せています。

検索 Search/Advanced Search

画面上部の検索ボックス（収録内容すべてから検索）、または Advanced Search が可能です。

Advanced Search 画面

ADVANCED SEARCH ?

検索語を入力
アンド検索/除外検索

1992 2021 ← 年代を指定

資料の種類を指定

Search

検索結果一覧画面

検索結果の
並び替え

日付、資料の種類、主題などによって絞り込み

検索結果表示画面

検索語はハイライト表示されます。

保存、印刷、共有、書誌情報の引用ができます。

資料の情報

※閲覧いただける資料は、ご契約のコレクションにより異なります。